

# UC Care & HealthSavings+ PPO Plans

Monthly Webinar

May 20, 2026



UNIVERSITY  
OF  
CALIFORNIA

Self-Funded  
Health Plans



[ucal.us/facultystaffppo](https://ucal.us/facultystaffppo)

UC Care · HealthSavings+

# Agenda

- Important Updates – What’s Coming Up
- May- Mental Health Awareness Month
- Provider Search- Live Demos
  - Accolade App & Portal
  - BSC Member Portal
- Your Benefits with Accolade
- Find a Provider
  - Coverage outside of CA & International
- UC Member Programs
  - Navitus Pharmacy Benefit & Manufacturer

- Copay Assistance Program
  - Health Equity- HSA Program
  - Getting Ready for Medicare
  - Women’s Health
  - Midi Health
  - findhelp Benefit Review
  - UC FacultyStaffPPO website
- UC Program Contact Lists
- Wrap Up & Next Session
- Appendix

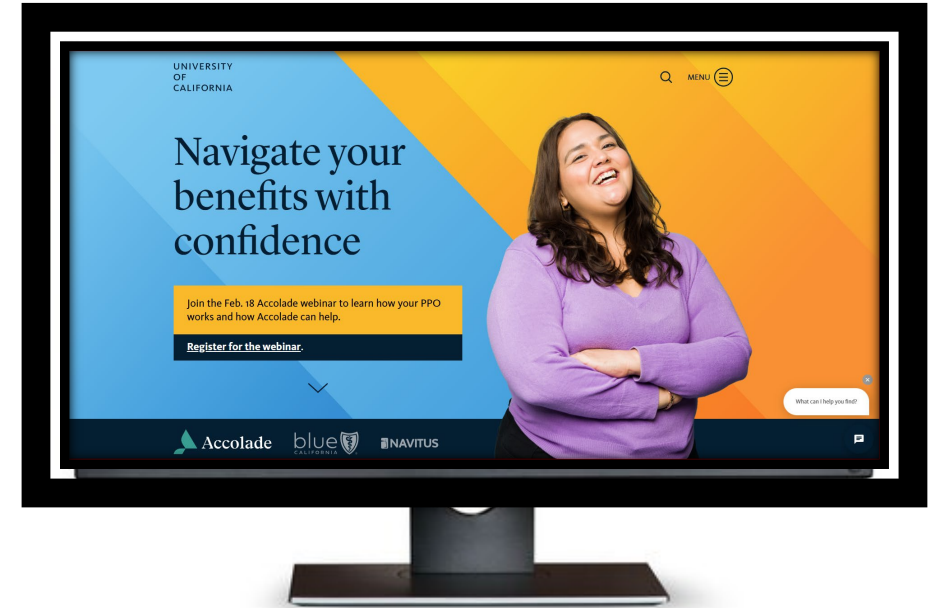
# ICYMI & Coming Soon

♥ May is Mental Health Awareness Month ♥

- Upcoming communications:
  - May UC CARE e-mail: **“Need a doctor or a specialist? Accolade makes it easy to find one” 5/13**
  - Coming Soon **“UC Movement Campaign”**- June 2026
  - Coming Soon- Navitus Manufacturer Copay Assistance e-mail- **6/24**
- Next Member Webinar on Wednesday **6/17/26**

[Click Here To Register](#)

- Survey coming- suggestions for other topics in the year
- Important Reminders:
  - Register and update your preferred e-mail and phone number in Accolade system ([Member.accolade.com](https://Member.accolade.com))



[UC Faculty Staff PPO Home Page](#)

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# May Mental Health Awareness Month

University of California Resources

## UC Wellness Resources- Behavioral Health

Faculty & Staff Assistance Program (FSAP)

Virtual Therapy (Accolade Care)

Counselors, Psychologists and Psychiatrists (Blue Shield of CA)

findhelp.com



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# Provider Search- Live Demos!!

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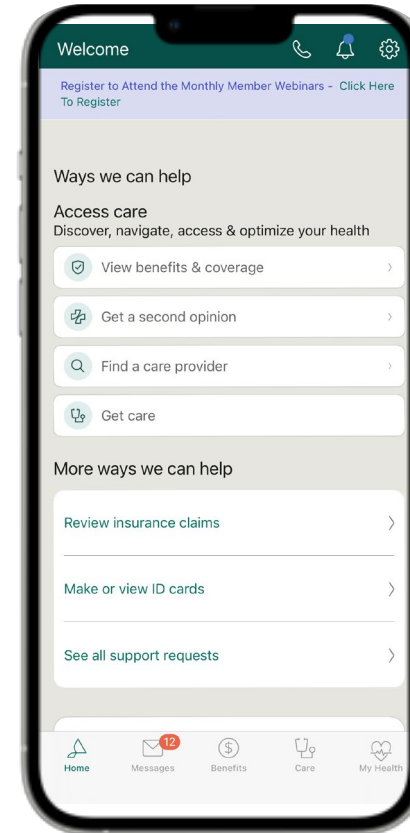


# Accolade Member App & Portal- Live DEMO

Demo will showcase the following functions:

- New Provider Search functionality
- Where to view your BSC card
- Messaging Portal
- Claims Portal
- UC PPO Benefit Review
- SSO Link to Blue Shield of CA Portal

[Member.accolade.com](https://Member.accolade.com)



# Blue Shield of California- Dashboard Overview

blue CALIFORNIA

Dashboard Coverage & benefits Find a doctor Be well Get more Search

Welcome

Member ID: UCD  
Plan: HealthSavings+  
Status: Active

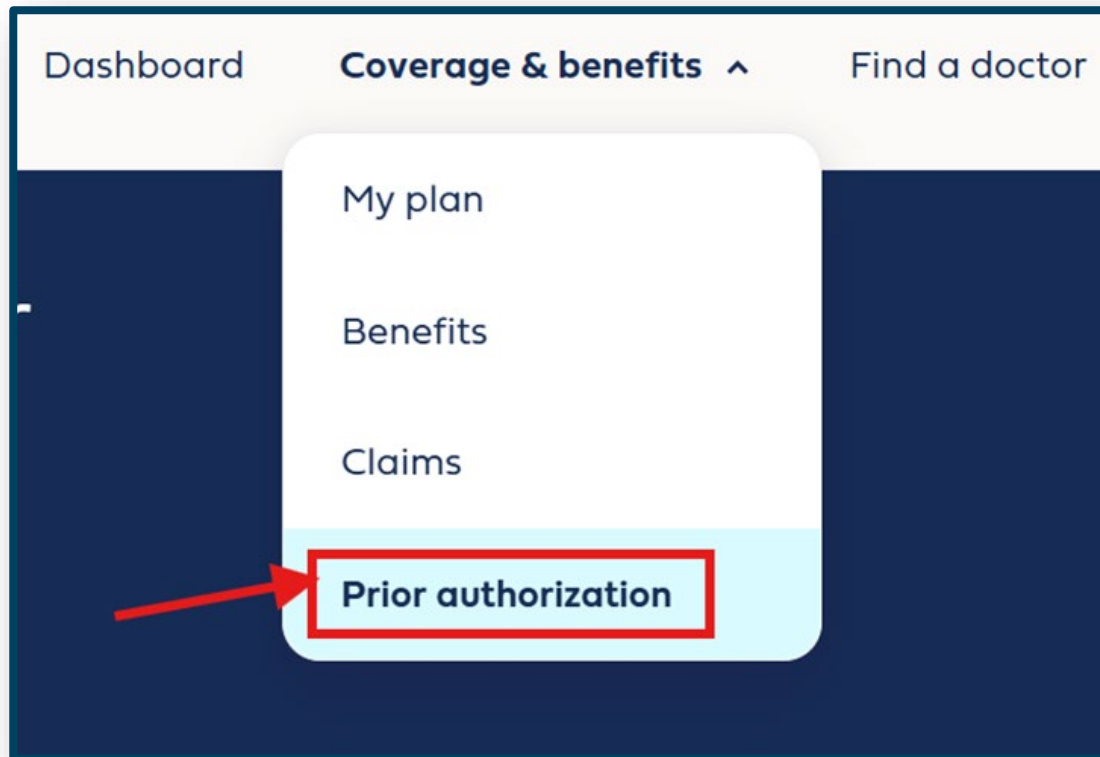
ID Card Messages

Claims HSA Health record

Accumulates from plan benefits start date

Accolade  
Employee health and

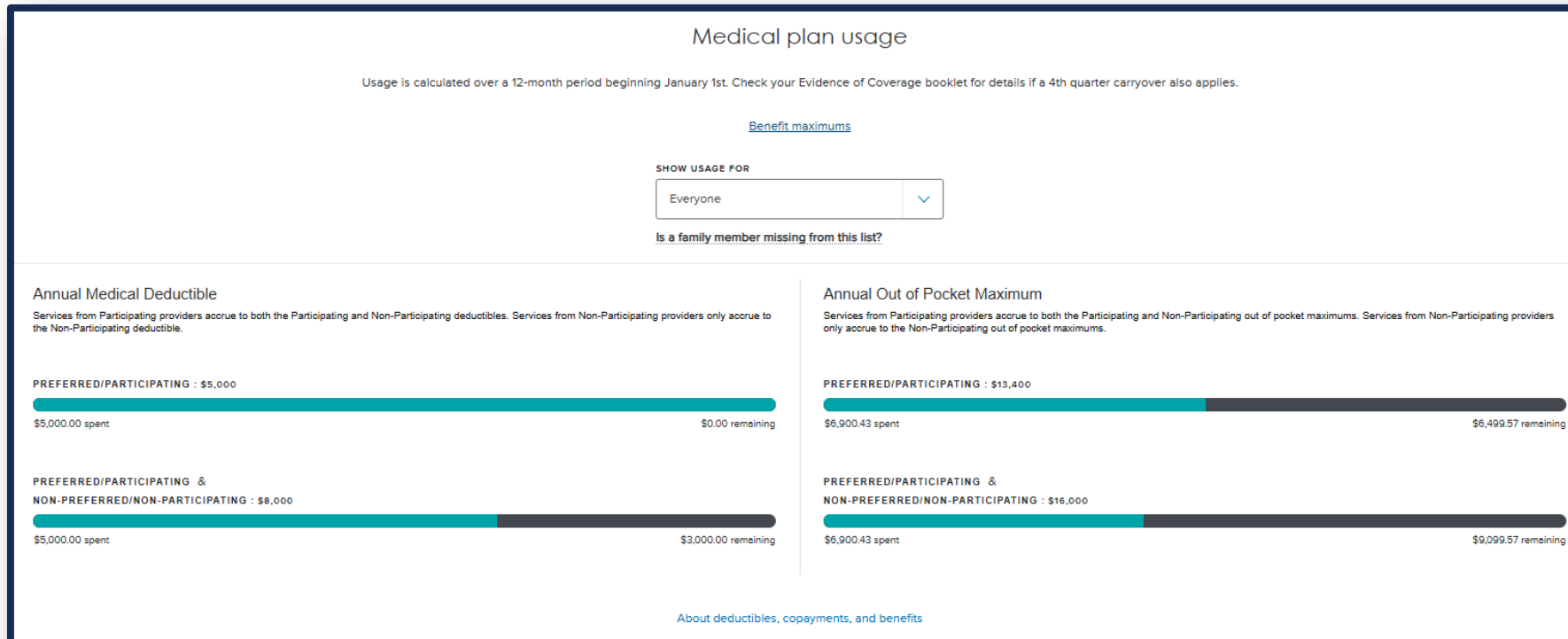
# Blue Shield of California- Prior Authorizations



## Prior Authorization Status

- Under “Coverage & benefits”
- Select “Prior Authorization”
- Select the PA in question for updates on status

# Blue Shield of California- Out of Pocket Maximum



## Out of Pocket Maximums

- View current Out of Pocket accumulators

# Blue Shield of California- Deductible & File a Member claim

Dashboard Coverage & benefits Find a doctor Be well Get more Search

## Medical claims

**Out of network claims**  
You can get reimbursed for medical services from doctors or hospitals that are not part of the Blue Shield of California network. [See claims you submitted.](#)

**File a claim**

**Deductible \$8,000.00**

Preferred/Participating & Non-Preferred/Non-Participating Deductible as of May 12, 2026

● Spent \$5,000.00  
● Remaining \$3,000.00

[Deductible details](#)

## Medical Claims

- View current Deductible accumulators
- View all medical claims on file
- Select “File a Claim” under Out of network claims

# Blue Shield of California- Submit Member Claims

## Submit an out-of-network claim



### Check if this form is right for you

**Medical:** Use this form to submit a medical claim reimbursement directly to Blue Shield when your provider has not submitted the claim on your behalf, or when you've received medical services outside of California.

**COVID-19:** Don't use this form for COVID-19 test kit reimbursements. Use the [COVID-19 claim form](#).

Make sure you have the following items before you get started:

- Patient name
- Service date(s)
- Service location
- Itemized billed charge(s)
- Diagnosis code(s)
- Procedure (or CPT) code(s)
- Unit(s) of service
- Provider name
- Provider's physical address
- Provider NPI
- Provider tax ID

You can find these items listed on the bill you received from the provider.

Next

**INFORMATION  
REQUIRED**

# Blue Shield of California- Submit Member Claims

Are you submitting a reimbursement for a prescription drug you picked up at a retail pharmacy such as CVS, Walgreens or Costco?

Yes

No

Is this condition related to work or considered a work injury?

Yes

No

Have you received a bill or an invoice from your provider?

The provider invoice or [superbill](#) has procedure codes and other details you need to submit a reimbursement. Contact your provider if you don't have these details in your invoice or superbill.

Yes

No

# BSC Portal- Member Claims

## Required Information check list:

- Patient Name
- Services dates(s)
- Itemized billed charge(s)
- Diagnosis code(s)
- Procedure (or CPT) code(s)
- Unit(s) of service
- Provider Name
- Provider's physical address
- Provider NPI
- Provider Tax ID

\*\*Located on the itemized bill from your provider\*\*

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From: Dr. Mary Provider  
123 Provider Street  
Anywhere, CA, 99999

## Superbill

<b>Date:</b> 1/10/2019	
<b>Client Name:</b> Joe Client	<b>Provider Name:</b> Dr. Mary Provider
<b>Client Email:</b> joeclient@domain.com	<b>Provider Email:</b> maryprovider@domain.com
<b>Address:</b> 100 Client Avenue	<b>Tax ID#:</b> 12-3456789
<b>Phone:</b> (555) 555-5555	<b>NPI:</b> 1234567890
<b>DOB:</b> 6/1/1995	<b>License #:</b> 123456789012
<b>Referring Provider Name:</b> Dr. Carol Referral	<b>Referring Provider NPI:</b> 2345678901

Diagnosis	
ICD-10	ICD-10 description
E10.4	Type 1 diabetes mellitus with neurological complications

Office Procedure				
Service Date	CPT Code	CPT Description	Units	Fee
1/2/2019	97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes	5	\$20.00

<b>Total Charges</b>	<b>\$100.00</b>
<b>Amount Paid</b>	<b>\$100.00</b>
<b>Balance Due</b>	<b>\$0.00</b>

**Provider Name:** Dr. Mary Provider

**Provider Signature:** *Dr. Mary Provider*

# BSC Portal- Member Claims

Select the “patient” name from  
the drop-down list

The screenshot shows a four-step progress bar at the top: 1. Check (with a green checkmark), 2. Patient Information (highlighted with a blue circle), 3. Service details, and 4. Review. Below the progress bar, the title "Patient information" is centered. A paragraph explains that "Patient" refers to the name of the person that received the service and provides a link for "Manage family access". Below this is a form with a "Patient name" drop-down menu, which has a red arrow pointing to its blue chevron icon. Underneath the name field is a "Birthdate:" label. At the bottom of the form are three buttons: "Back" with a left arrow, "Cancel", and "Continue" in a blue rounded rectangle.

# BSC Portal- Member Claims

Progress bar: 1. Check (checked), 2. Patient information (checked), 3. Service details (active), 4. Review

## Service details

All fields are required.

Were these services performed outside of California?

Yes

No

What type of services did the patient receive? ⓘ

Service type ▾

What type of services did the patient receive? ⓘ

Service type ▴

- Doctor or Professional**
- Hospital or Facility
- Prescription Drug
- Medical Equipment
- Other

Amount billed

# BSC Portal- Member Claims

## Required Information check list:

- Patient Name
- Services dates(s)
- Itemized billed charge(s)
- Diagnosis code(s)
- Procedure (or CPT) code(s)
- Unit(s) of service
- Provider Name
- Provider's physical address
- Provider NPI
- Provider Tax ID

Provide details about the service the patient received

Dates of service

Start  
05/01/2026



End  
05/01/2026



Provider name  
Dr. Smith

Amount billed  
\$500.00

Add claim documents and certification

Include a copy of your [invoice/bill](#) and other documents supporting your claim. Be sure that the documents include the procedure or diagnosis codes needed to process them.

[Attach documents](#)

# BSC Portal- Member Claims

## Steps to finalize your submission:

- Attached ALL itemized bills from your provider
- Check box authorizing release of information to process claim
- Review your submission – follow check list to ensure submission is complete
- Submit the claim for processing

Add claim documents and certification

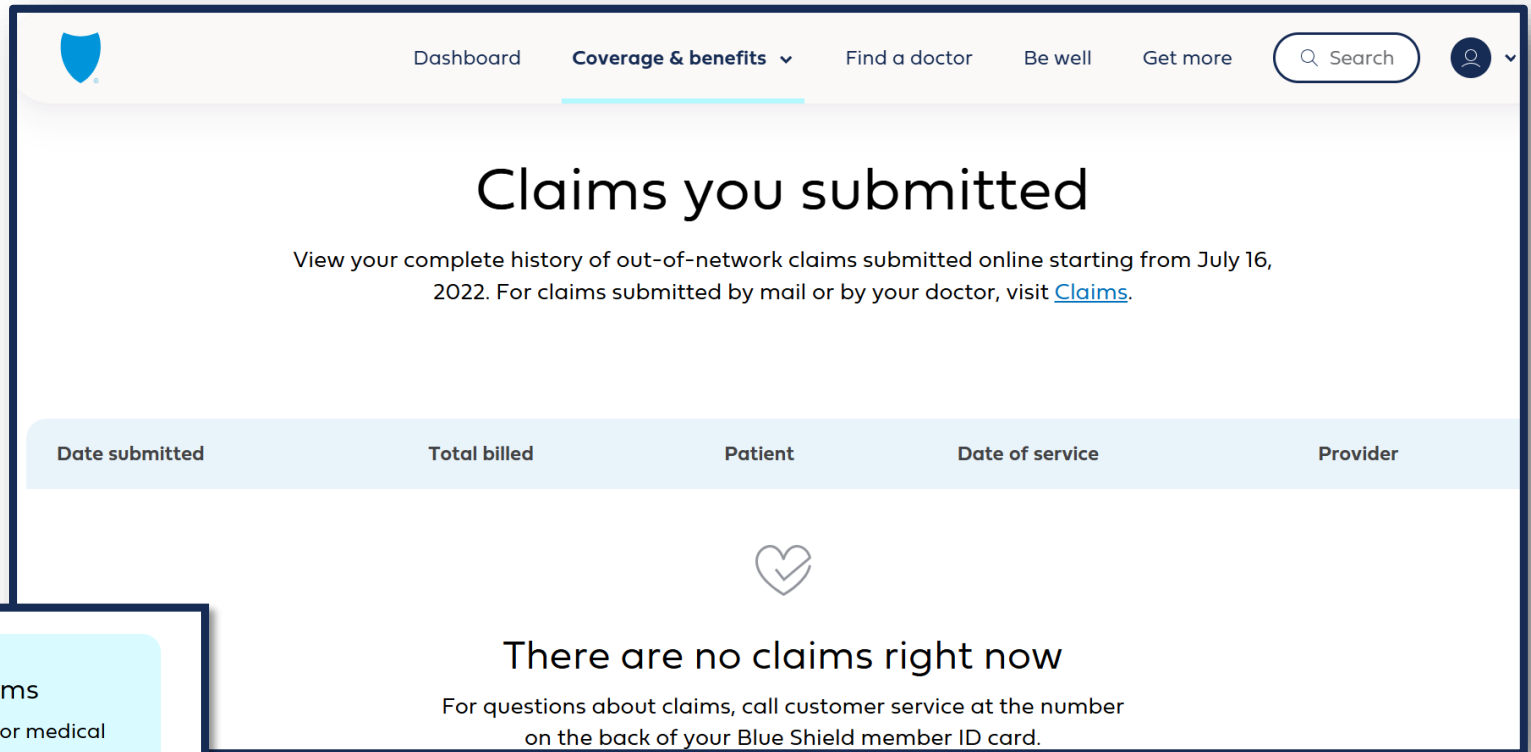
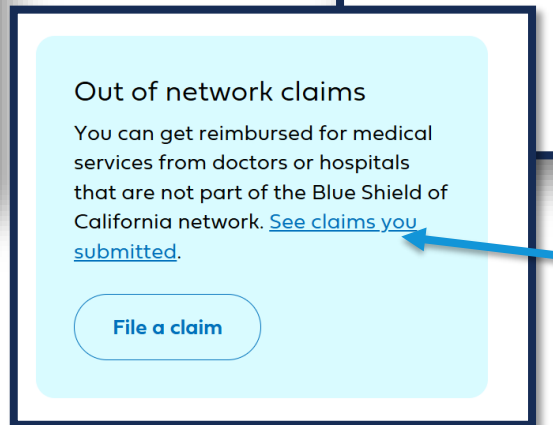
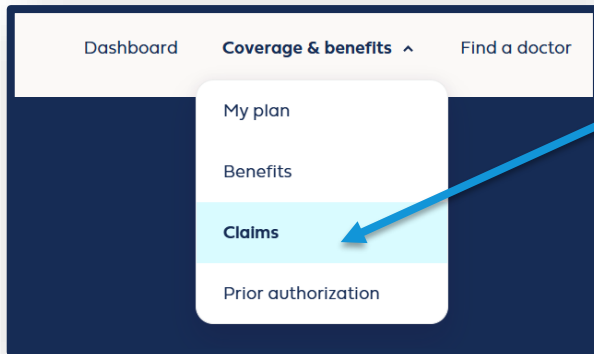
Include a copy of your [invoice/bill](#) and other documents supporting your claim. Be sure that the documents include the procedure or diagnosis codes needed to process them.

By checking this box, I certify that the information I have provided is accurate and complete, and I authorize the release of any medical information necessary to process my claim.

[← Back](#) [Cancel](#)

# BSC Portal- Claims Portal

Navigate to the Claims page under the “Coverage & Benefits” tab to see what claims have been submitted and their status



# BSC Portal- Tips & Tricks

## Before You Submit

- In-network providers usually bill Blue Shield directly — members typically only file a claim when they paid out of pocket, most often for out-of-network services.
- Gather documents first: itemized bill/superbill, proof of payment, and any required supporting materials.
- Mailing? Send everything in one package. Separately mailed pages may be treated as separate claims and denied for incomplete detail.
- Member reimbursement is issued by check along with the Explanation of Benefits (EOB).

### ⚠ What Can Slow a Claim Down?

- Missing itemized bill or CPT/diagnosis codes
- No proof of payment included
- Documents sent separately instead of as one packet
- Incorrect member ID or prefix
- Duplicate claim submitted while original is still processing
- Coordination of benefits not completed when other insurance is primary

## Required Information check list:

### Patient Name

- Services dates(s)
- Itemized billed charge(s)
- Diagnosis code(s)
- Procedure (or CPT) code(s)
- Unit(s) of service
- Provider Name
- Provider's physical address
- Provider NPI
- Provider Tax ID



# Your Benefits with Accolade

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[ucal.us/facultystaffppo](https://ucal.us/facultystaffppo)

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# Accolade Services

**Virtual  
second  
opinions-  
2nd.MD**

**Accolade  
Care**  
(Medical &  
Behavioral Health)

**Dedicated  
Care  
Advocates**

**Clinical  
Case Mgmt.**

**Customer  
Support**  
(benefits, claims,  
provider  
searches)

# Accolade Services

## 2<sup>nd</sup>.MD- Expert Second Opinion

Connect with a leading, board-certified specialist, at no additional cost to the member, by phone or video within a matter of days for questions about:

- A new or existing diagnosis
- Treatment plans
- Possible surgery
- Women’s Health
- Medication(s)
- Chronic conditions, Cancer, MSK, Neurology  
Gastrointestinal and more



## Accolade Care

Virtual Care through Accolade Care

### HealthSavings+:

- Preventive Care = No cost to the member
- PCP, Urgent Care and Behavioral Health visits = \$30 per visit before deductible
- 30% after deductible is met (\$9)

### UC Care:

- Preventive Care = No cost to the member
- PCP, Urgent Care and Behavioral Health visits = No cost for:
  - **First 12** PCP/Urgent
  - **First 12** Behavioral Health (Therapy)

Visit 13 and beyond, your cost for each medical or mental health visit is \$115



# Find a Provider

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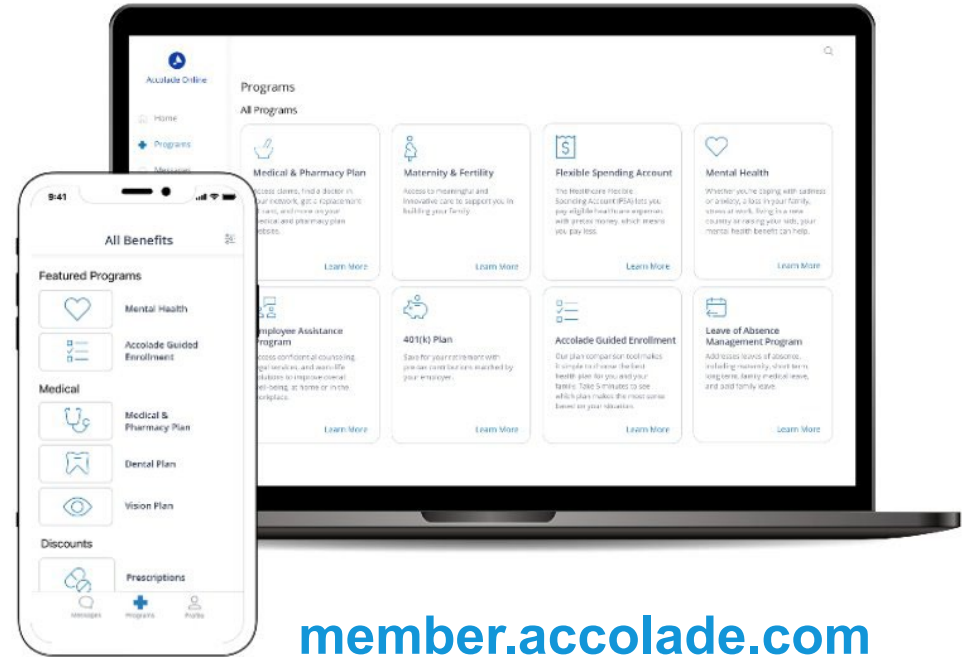


# Find a provider- Accolade Resources

UC Members can scan the QR code currently enrolled UC Care or HealthSavings+ or visit [member.accolade.com](http://member.accolade.com) or call **866-406-1182** to speak to a Care Advocate



Call Accolade for assistance  
at (866) 406-1182



[member.accolade.com](http://member.accolade.com)

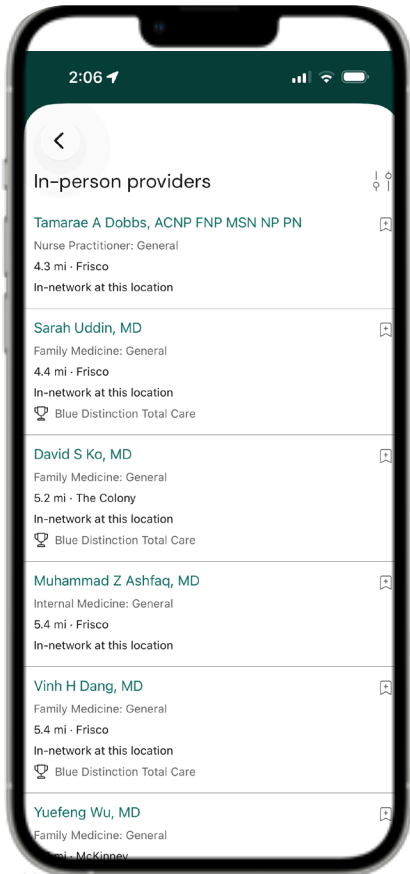
# BSC Provider Attestation Information

## What You Need to Know About Your Provider Directory

This is a federal and state regulation

- **Directories update regularly** – Blue Shield verifies provider information every 90 days and updates the online directory within 2 business days
- **Provider not showing online?** – Some providers may be temporarily unavailable in the directory while Blue Shield confirms their information
- **You can still see your provider** – Claims are processed based on the provider's actual contract status, not their directory listing
- **Need help finding a provider?** – Contact the Accolade Care Team for verification of network status
- **Check back often** – Blue Shield is actively updating provider information, so directories are continuously improving

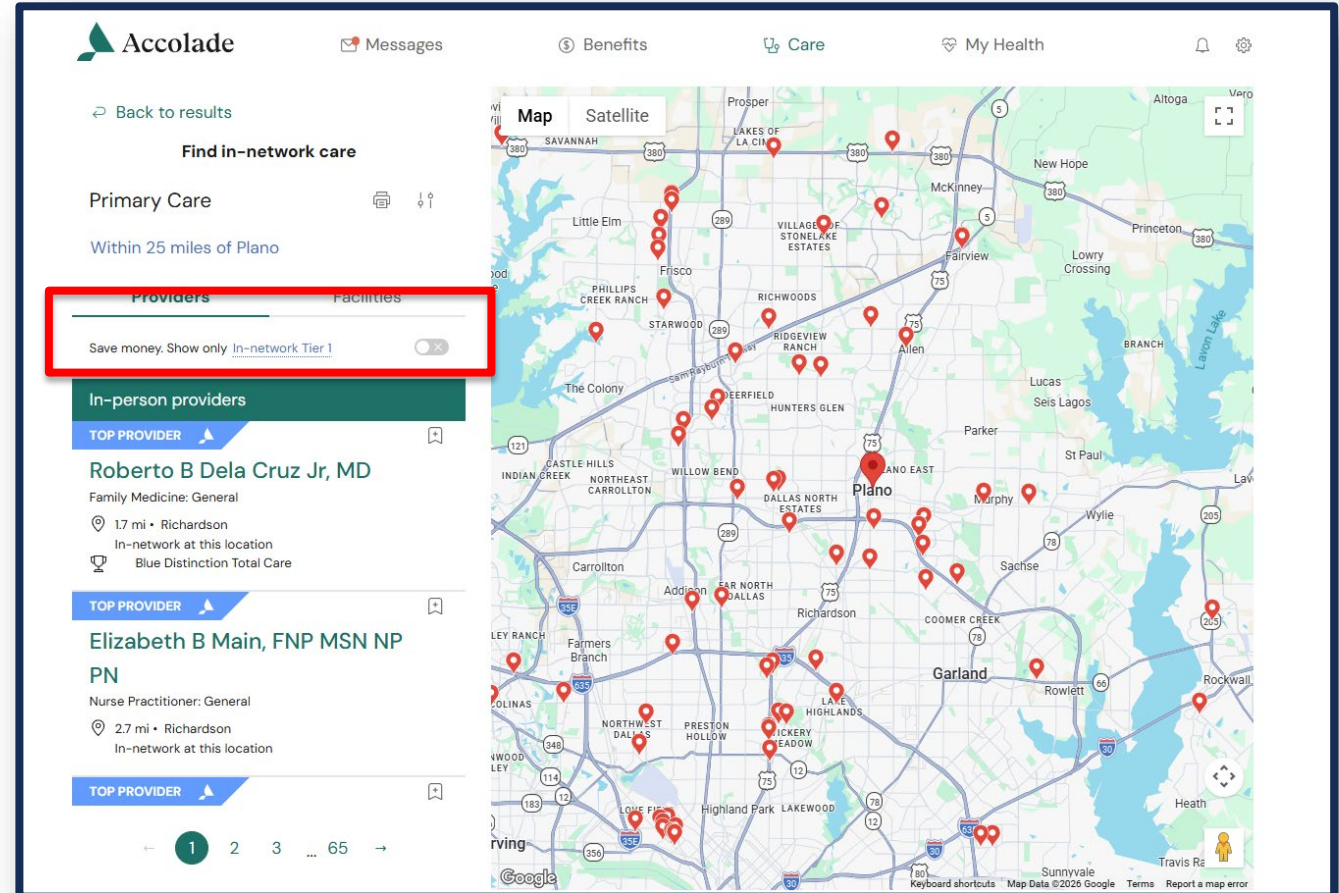
# Find a Provider – Outside of California



## Accolade App & Portal

- Outside of California
- Will show In-Network providers
- Check the location address
- IF UC Care, remember to unclick "Tier 1 Providers"

**There are NO Tier 1 providers outside of California**



# International Coverage

- Coverage outside the U.S. follows the same benefit structure as within the U.S.
- All care **MUST** be coordinated through Global Core
  - Members need to reach out to Global Core to obtain a Guarantee of Payment (GOP) before care is administered, or shortly after in Emergency situations
- **UC Care**- 20% coinsurance after deductible
- **HealthSavings+** - 30% coinsurance after deductible

**BSC Global Core Service  
Center (open 24/7)  
(804) 673-1177**

# UC Member Programs

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# Navitus: Pharmacy Network

- **Retail Pharmacies**

Over 64,000 pharmacies including national chains, participating UC pharmacies, many independent pharmacies

- **Preferred Retail Pharmacies**

UC pharmacies, Costco, CVS, Safeway/Vons, Walgreens and Walmart

Save money with extended day supply = 3-month supply for the cost of 2-month supply

- **Mail Order Pharmacy: Costco Mail Order**

Online registration at [pharmacy.costco.com](http://pharmacy.costco.com), or call 800-607-6861

Costco membership not required

- **Specialty Pharmacy: Select UC Specialty Pharmacies and Lumicera Health Services**

Select UC Specialty Pharmacies, please work with your UC provider

Lumicera, call a Patient Care Specialist at 1.855.847.3553

## Navitus Customer Care

Dedicated Navitus Customer Care phone number for University of California

**Toll-free: (833) 837-4308**

Available 24/7, 365 days, except Thanksgiving and Christmas Day

# Navitus Resources – Pre-enrollment Site

- Prospective & current members - no account required
- Drug coverage lookup
- Prescription benefit information
- Network pharmacy locator & cost compare

## Welcome

### University of California

This site provides information about your UC PPO plan's pharmacy benefits, including covered drugs (also known as the formulary) and your out-of-pocket costs for specific drugs. There is also a Pharmacy Search tool to help you find in-network pharmacies near you. This site is available 24 hours a day, seven days a week. Use the links below to learn more. You may not be eligible for all plan options listed below.



Non-Medicare plans (UC Care and HealthSavings+):

To create an account or view your existing benefits.

[CLICK HERE](#)

Medicare plans (UC High Option Supplement to Medicare and UC Medicare PPO):

To create an account or view your existing benefits.

[CLICK HERE](#)

[benefitplans.navitus.com/university-of-california](https://benefitplans.navitus.com/university-of-california)

# Navitus: Manufacturer Copay Assistance

## Access Guidance Services (Manufacturer Copay Assistance)

- Some higher-cost medications — including HIV and GLP-1 drugs — may be eligible for copay assistance, which can significantly reduce your out-of-pocket costs
- After your **first fill** of an eligible prescription, Navitus "Access Guidance Services" will contact you via e-mail and phone calls, to enroll — participation is required to receive the reduced cost
- You can also enroll proactively by calling the Navitus Access Guidance team at **(833) 210-5967**, Monday–Friday, 6 a.m.–4 p.m.
- Once enrolled, you'll receive an Access Guidance copay card to use at the pharmacy — be sure to bring your card and any additional copay assistance information from the manufacturer for each refill
- **HealthSavings+ (HS+) members:** Per IRS rules, your annual deductible must be met before manufacturer copay assistance can be applied

**Coming soon:** A more detailed e-mail, complete with a FAQ, will be releasing **6/24**



# Health Equity: HealthSavings+ (HSA)

Tax-free savings for qualified medical, dental, vision & behavioral health expenses

### SELF-ONLY COVERAGE

# \$3,650

you contribute

---

## \$4,400

total w/ UC

### FAMILY COVERAGE

# \$7,250

you contribute

---

## \$8,750

total w/ UC

### AGE 55+ CATCH-UP

# +\$1,000

extra annually

---

## KEEP IT

funds roll over forever

### USE FOR

✓ Deductibles

✓ OTC Meds

✓ Coinsurance

✓ Dental & Vision

✓ Rx Drugs

✓ Acupuncture

Questions?  
HealthEquity  
(866) 212-4729  
[Member Portal](#)

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# Getting Ready for Medicare

- Link on Faculty Staff PPO: [Transitioning to Medicare](#)



- [Click Here](#) for the prerecorded webinar
- Weekly Medicare Q&A Sessions hosted by RASC

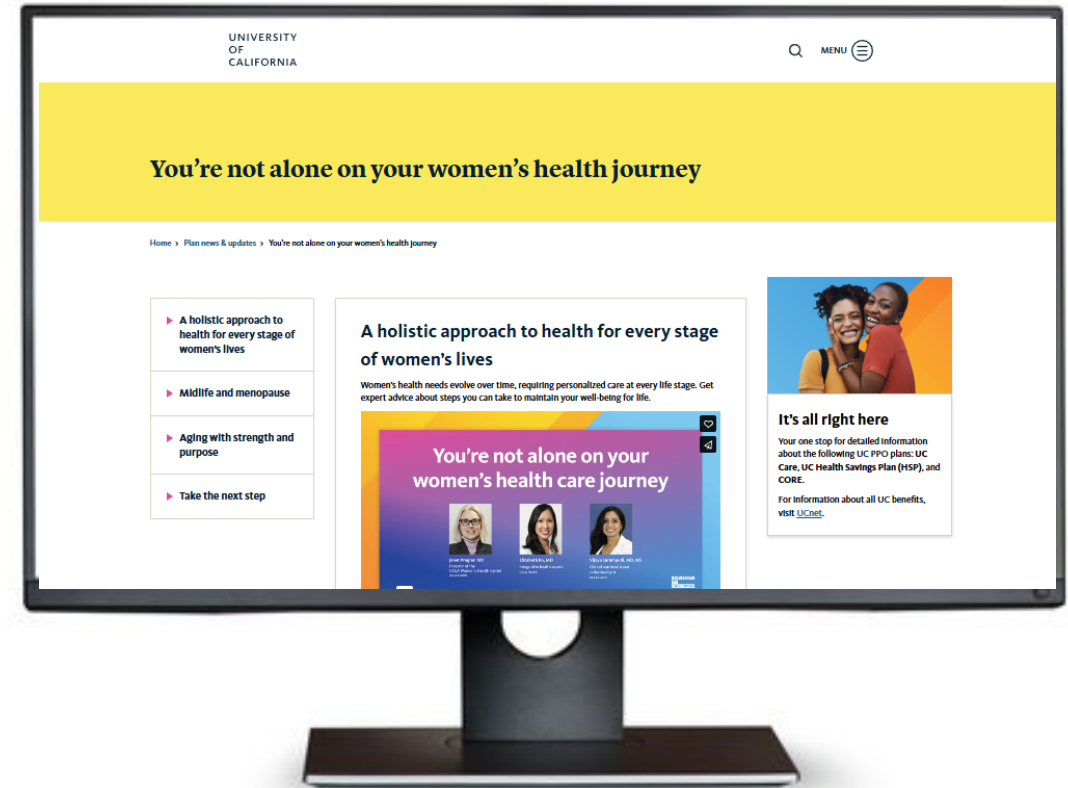
[Click here to register](#)

A screenshot of the University of California website's "Transitioning to Medicare" page. The page has a yellow header with the title "Transitioning to Medicare". Below the header is a navigation menu with a search icon and a hamburger menu icon. The main content area is divided into several sections. On the left is a vertical list of topics: "When you're required to enroll in Medicare", "Avoiding the Medicare Part D late enrollment penalty", "How UC retiree coverage works with Medicare", "How Medicare and your UC plan work together", "How claims are processed", "Your costs", "Rules for Health Savings Accounts (HSAs)", and "Get help". The central content area features a "WHAT YOU NEED TO KNOW" section with text about Medicare eligibility and a link to "Learn more at medicare.gov.". To the right of this section is a small image of a couple and a box titled "It's all right here" with text about finding information on UC Care and HealthSavings+ and a link to UCnet. Below the "WHAT YOU NEED TO KNOW" section is a large yellow box with the text "What you need to know about Medicare" and a small version of the webinar graphic. At the bottom of the page is a section titled "When you're required to enroll in Medicare" with text explaining Medicare eligibility and a link to "If you're still working when you become Medicare eligible".

# Women's health page

## Support offered for:

- Trouble Sleeping
- Weight Changes
- Brain Fog
- Hair & Skin Changes
- Hot Flashes
- Period problems
- Bone loss
- Mood Issues



[UC Women's Health Journey Page](#)

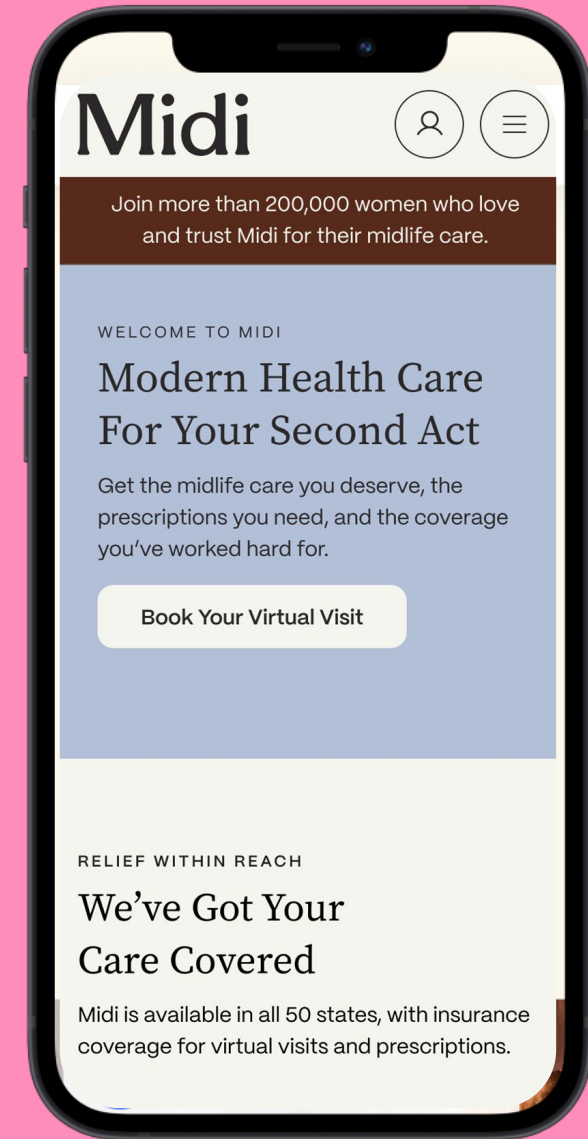
# Midi Health

## Perimenopause & Menopause support

- Convenient care from an expert deeply trained in perimenopause and menopause
- Personalized Care Plan designed for your specific symptoms and health history
- Evidence-based treatments including FDA-approved hormonal and non-hormonal options, supplements, lifestyle coaching, and more
- Ongoing follow-ups to adjust your treatment as needed, address new symptoms, and help you navigate your health concerns

Midi is available to PPO enrolled UC members

- UC Care (In-network Tier 2)
- HealthSavings+ (In-network)



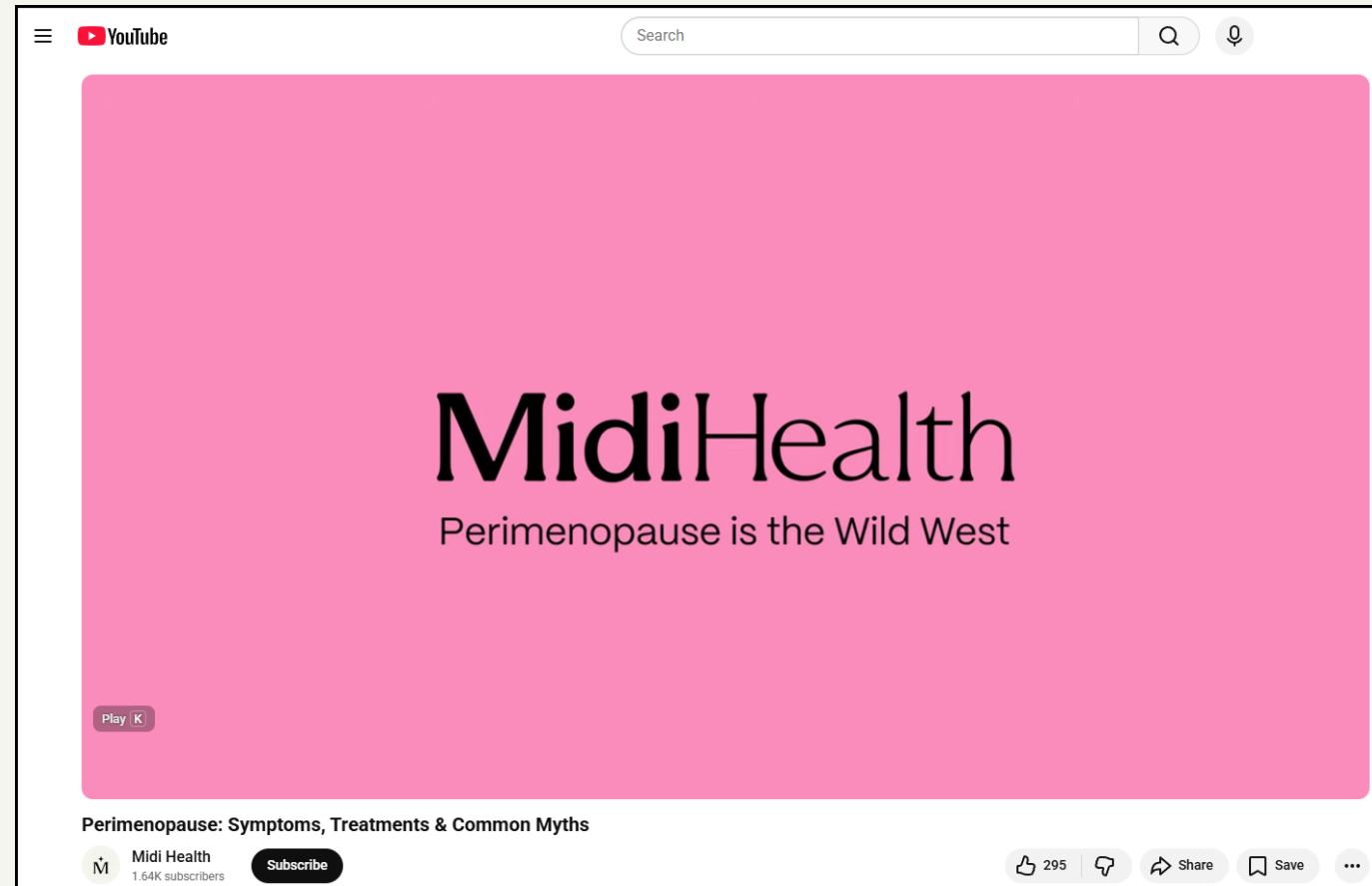
Scan the QR code or visit [joinmidi.com/uc](https://joinmidi.com/uc) to sign up for your Midi Health benefit.

# Midi & Chill- YouTube Channel

## YOUTUBE AND CHILL WITH MIDI HEALTH

- Join doctors from Midi Health to learn about staying healthy, active and energetic long into your future.
- Real talk on perimenopause, strength after 40, intimacy changes and more.

[UC Women's Health Home Page](#)



[youtube.com/@midi\\_health](https://youtube.com/@midi_health)

# findhelp

If you or a family member need extra support with social, financial, or physical well-being, [Findhelp](#) makes it easy to search for free and low-cost food, housing, transportation, health care, child care, education, and other resources in your community. Just enter your ZIP code and select the type of support you need.

[Click Here for findhelp](#)

Visit [uhealthplans.findhelp.com](https://uhealthplans.findhelp.com) or scan the QR code to the left and then enter your zip code and select the category (e.g. Housing, Food) of interest to access the list of available programs and services.



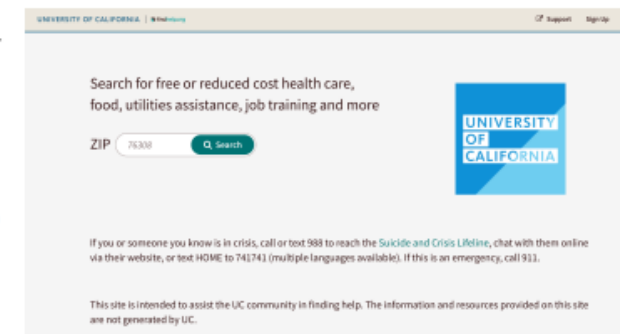
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## What you need to know

UC has partnered with Findhelp, the largest network of social assistance programs and resources in the U.S. that are free or offered at a reduced cost. All UC medical plan members and their family members have access to Findhelp, so you can find the resources to help you and your family live better.



## What is findhelp

Findhelp is a social care network that connects people and programs, making it easier to find support and social services within your community. Findhelp connects you with resources that can help you find a job, access affordable food, receive medical care, and more — all in one place. Findhelp features more than 600,000 distinct program locations that help millions of people across the country.

## Who can use findhelp

Any UC health plan member or family member that needs support with their social, financial or physical health and wellbeing can use Findhelp. Findhelp's search platform lets you search for resources in your community with dignity and ease, and without restrictions or gatekeepers.

Findhelp can link you with a variety of services, including:

- **Food:** Find help to pay for food, locating food pantries, and seeking nutrition education
- **Housing:** Find advice and help on finding or paying for housing and locating temporary shelters
- **Transit:** Find help paying for bus passes or gas or transportation to receive health care services
- **Money:** Find help paying for childcare, connecting to government benefits, and locating assistance with tax preparation
- **Education:** Find help paying for school, financial or health education; citizenship and immigration assistance; and skills and training



# [facultystaffppo.universityofcalifornia.edu](http://facultystaffppo.universityofcalifornia.edu)

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Q MENU

## Navigate your benefits with confidence

Join the Feb. 18 Accolade webinar to learn how your PPO works and how Accolade can help.

[Register for the webinar.](#)

Accolade blue CALIFORNIA NAVITUS

**Don't wait to feel great: Tap into free preventive care**  
Invest in a stronger, healthier future for yourself, your family and your community -- at no cost.  
[View plan news & updates →](#)

**Turning 65 soon?**  
Congratulations! Attend a webinar to prepare for Medicare and get answers to your questions.  
[Register for a session →](#)

**Explore your UC PPO plan options**  
UC offers a range of PPO medical plan options to employees and their family members who are not eligible for Medicare.  
[Compare the plans →](#)

Employee health plans and Rx  
Accolade Health Care Advocate  
Find care  
Women's health  
Wellness resources  
Transitioning to Medicare  
Plan news & updates  
Referrals, authorizations & claims  
Documents & forms  
Contacts & mobile apps  
**All UC benefits**  
**Medicare Supplement PPO Plan**  
Accessibility

See how the plans work, view plan documents, find helpful tips and more!

- View your benefits
- See full program coverage
- Up to date important information
- Plan news
- Wellness Resources
- And more....



# UC Program Contact Lists

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# Download the Accolade App & Register

UC Members can scan the QR code currently enrolled UC Care or HealthSavings+ or visit [member.accolade.com](http://member.accolade.com) or call **866-406-1182** to speak to a Care Advocate

The diagram illustrates the integration between the BSC Portal and the Accolade Portal. The BSC Portal (left) includes: Download Explanation of Benefits, Download or order Medical ID Cards, View Open Prior Authorizations, and View Plan documents: SBC/SPD. The Accolade Portal (right) includes: Viewing Claims, Finding a Provider, ID Card Requests, Connecting with Care Advocate with questions about Medical, Pharmacy plans, Accolade Care Appointments, Request Expert Second Opinion, and Access healthcare financial accounts. A QR code is positioned between the two portals. Below the portals are the App Store and Google Play download buttons. To the right, a smartphone displays the 'All Benefits' app interface, and a laptop displays the 'Accolade Online' web interface with various program tiles.

# UC Resources - [facultystaffppo.universityofcalifornia.edu/ppo/contacts-and-mobile-apps](https://facultystaffppo.universityofcalifornia.edu/ppo/contacts-and-mobile-apps)

For Questions About	Contact	By Phone	Online
<b>UC Member Services:</b> Benefits, Claims, Clinical Resources, Virtual Visits, Find Care, Provider Search, Nurse Triage and Behavioral Health	Accolade	<b>(866) 406-1182</b>	<a href="https://Member.accolade.com">Member.accolade.com</a>
<b>Pharmacy</b>	Navitus	Navitus Customer Care: <b>(833) 837-4308</b> Available 24/7 except Thanksgiving and Christmas Day	Mobile app: Navitus mobile app for <a href="#">iPhone</a> and <a href="#">Android</a>
<b>Costco Mail Order Pharmacy</b> <ul style="list-style-type: none"> <li>Does not require Costco warehouse membership</li> </ul>	Costco	<b>(800) 607-6861</b>	<a href="https://costco.com/pharmacy/home-delivery">costco.com/pharmacy/home-delivery</a>
<b>Specialty Pharmacy</b>	Lumicera	<b>(855) 847-3553</b>	N/A
<b>Health Savings Account- HS+</b>	Health Equity	<b>(866) 212-4729</b> Monday- Friday 5AM- 5PM PST	<a href="https://learn2.healthequity.com/uc/hsa/">learn2.healthequity.com/uc/hsa/</a>
<b>Midi Health</b> <ul style="list-style-type: none"> <li>Women's Health</li> </ul>	Midi	N/A	<a href="https://www.joinmidi.com/uc">www.joinmidi.com/uc</a>

# UC Resources - [facultystaffppo.universityofcalifornia.edu/ppo/contacts-and-mobile-apps](https://facultystaffppo.universityofcalifornia.edu/ppo/contacts-and-mobile-apps)

For Questions About	Contact	By Phone	Online
<b>UC Health Care Facilitators</b> <ul style="list-style-type: none"> <li>Questions about your benefits</li> </ul>	UC Health	<a href="#">UC Health Care Facilitators</a>	
<b>BSC BlueCard- Care outside of California</b>	Blue Cross Blue Shield (BSC)- BlueCard	Call <b>810-2583 (BLUE)</b> Provide the 3-letter prefix from your ID card	N/A
<b>International Benefits</b> <ul style="list-style-type: none"> <li>Care outside of U.S.</li> </ul>	BSC (BCBS) Global Core Service Center	Toll free 24/7 <b>(800) 810-2583 (BLUE)</b> Collect <b>(804) 673-1177</b>	<a href="https://bcbsglobalcore.com">Bcbsglobalcore.com</a>
<b>UC PPO Plan Comparison Chart</b> <ul style="list-style-type: none"> <li>Review the PPO plans</li> <li>Compare benefit level each plan coverage</li> </ul>	<a href="#">FacultyStaffPPO Website Link</a>  <b>**See appendix for chart example**</b>		

# ICYMI & Coming Soon

♥ May is Mental Health Awareness Month ♥

- Upcoming communications:
  - May UC CARE e-mail: **“Need a doctor or a specialist? Accolade makes it easy to find one” 5/13**
  - Coming Soon **“UC Movement Campaign”**- June 2026
  - Coming Soon- Navitus Manufacturer Copay Assistance e-mail- **6/24**
- Next Member Webinar on Wednesday **6/17/26**

[Click Here To Register](#)

- Survey coming- suggestions for other topics in the year
- Important Reminders:
  - Register and update your preferred e-mail and phone number in Accolade system ([Member.accolade.com](https://Member.accolade.com))



[UC Faculty Staff PPO Home Page](#)

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# Monthly UC/Accolade Webinar Series

UC Care and HealthSavings+ Monthly Webinars

Monthly webinars to highlight UC PPO plan coverage and benefits.

**Next Event:** Wednesday June 17, 2026, 12:30-1:30 PM PST

[Click Here To Register 6/17/26](#)



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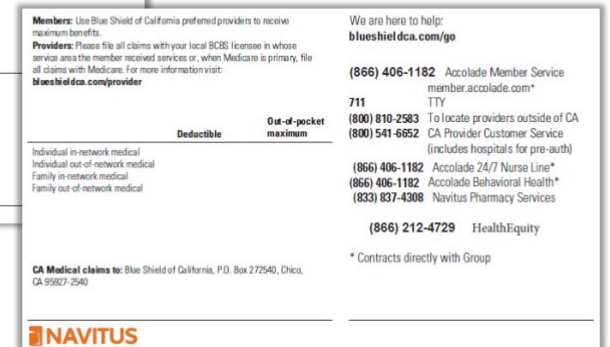
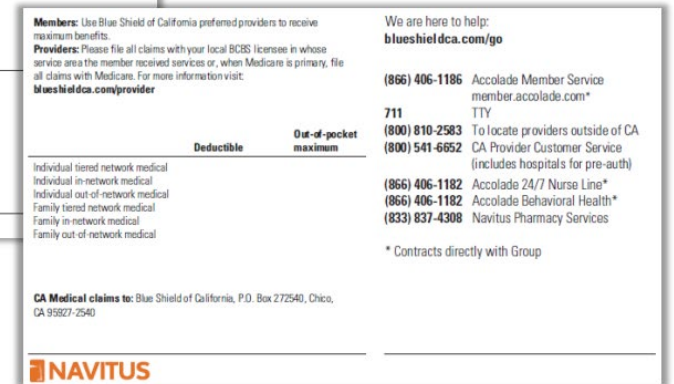
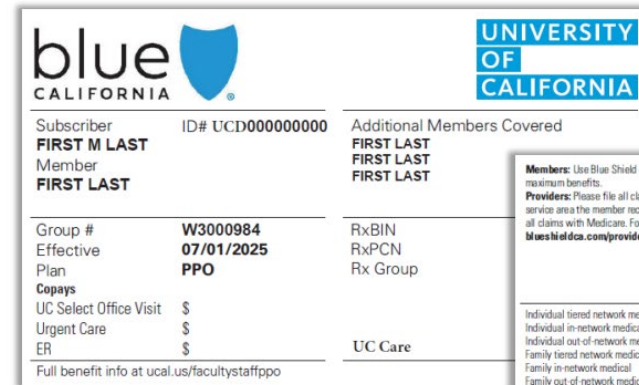


[ucal.us/facultystaffppo](https://ucal.us/facultystaffppo)

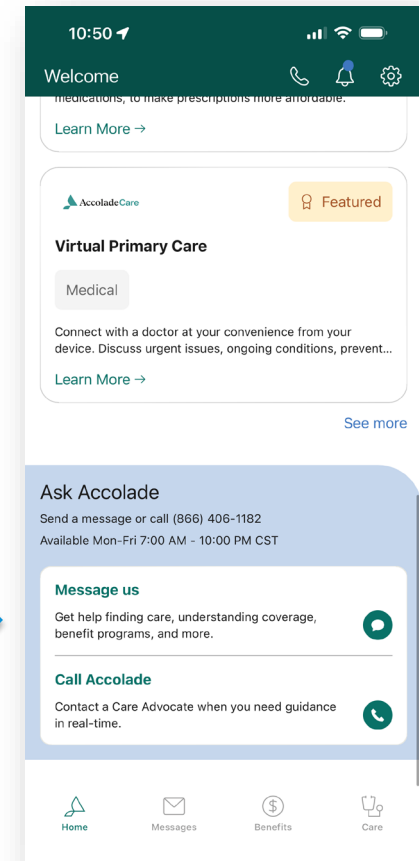
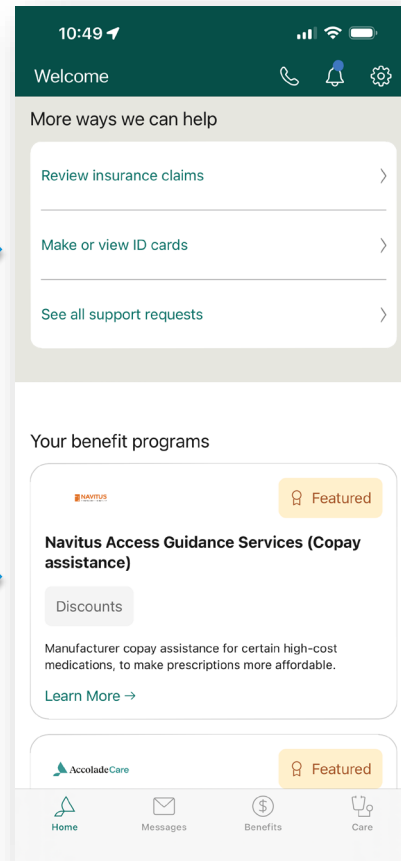
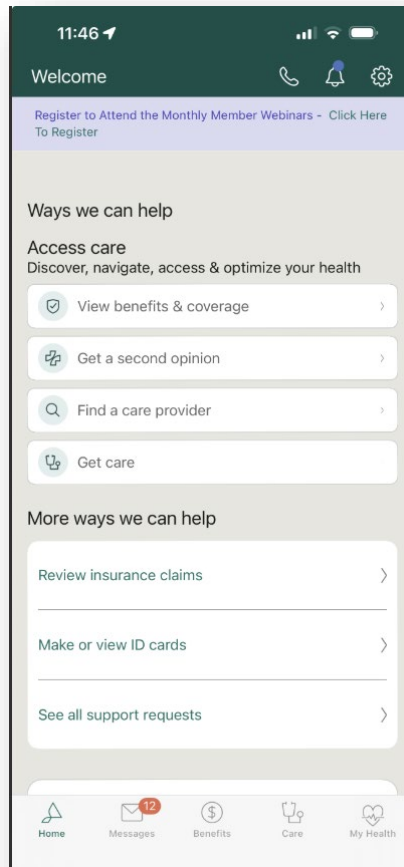
UC Care · HealthSavings+

# Blue Shield ID Cards

- Contact Accolade if you need to order cards (App/Portal/Phone)
- Provide your doctors and pharmacy with new card
- Ensure your pharmacy and doctors are using the new member ID number on your BSC Card
- Note- the “luggage” logo is gone but nothing has changed



# How to view your BSC Card in Accolade App/Portal



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# Member Portal

Book a virtual appointment  
with Accolade care

Find a provider tool

View your BSC ID Online

The screenshot shows the Accolade Member Portal home page. At the top, there is a navigation bar with the Accolade logo, Messages, Benefits, Care, My Health, and a notification bell. Below the navigation bar, the page is titled "Home". A purple banner at the top of the main content area says "Register to Attend the Monthly Member Webinars - Click Here To Register". The main content area is divided into two columns. The left column is titled "Ways we can help" and contains a section "Access care" with the subtext "Discover, navigate, access & optimize your health". Below this are four buttons: "View benefits & coverage", "Get a second opinion", "Find a care provider", and "Get care". The right column is titled "Ask Accolade" and contains a section "Message us" with the subtext "Get help finding care, understanding coverage, benefit programs, and more." and a "Call Accolade" section with the subtext "Contact a Care Advocate when you need guidance in real-time." Below these sections are links for "Download the app", "Contact tech support", "Privacy & terms", and "Log out".

# Preventive Care

**Preventive Care:** includes routine examinations, health screenings, tests, education, immunizations, labs, and other tests identified by age and/or risk factors administered during an annual exam

## What is preventive care?

Routine care to catch things early and keep you well before you have any symptoms, included in all UC plans at no added cost

Examples:

- Flu shot
- Virtual annual exams- available with Accolade
- Colon cancer screening and mammograms
- Routine screenings for blood pressure or cholesterol
- Pediatric wellness visits
- Annual wellness exams

## What is diagnostic care?

Testing or treatment for an existing illness or injury. It's used to diagnose a specific condition and figure out treatment and may include added cost depending on the service.

Examples:

- Imaging (X-rays, ultrasound) to confirm illness or injury
- Blood tests that determine or manage a specific condition
- Discussing NEW symptoms with your doctor
- Managing existing conditions such as diabetes or cancer



# UC PPO Plan Comparison

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**Deductible and Out-of-Pocket Maximum**

**UC Care**

**HealthSavings+**

**Deductible**

**UC Select (Tier 1)**  
None

**Blue Shield In-Network (Tier 2)**  
\$500 Individual  
\$1,000 Family

**Out-of-Network (Tier 3)**  
\$750 Individual  
\$1,750 Family

**In-Network**  
\$2,500 Individual  
\$5,000 Family

**Out-of-Network**  
\$4,000 Individual  
\$8,000 Family

**HSA Employer contribution**  
\$750 Individual/\$1,500 Family

Your max (including UC contribution):  
\$4,400 Individual /\$8,750 Family

**In-network Deductible applies toward Out of Network Deductible.**

**Out-of-Pocket Maximum**

**UC Select (Tier 1)**  
\$6,100 Individual  
\$9,700 Family

**Blue Shield In-Network (Tier 2)**  
\$7,600 Individual  
\$14,200 Family

**Out-of-Network (Tier 3)**  
\$9,600 Individual  
\$20,200 Family

**In-Network**  
\$6,700 Individual  
\$13,400 Family

**Out-of-Network**  
\$8,000 Individual  
\$16,000 Family

**In-network Out of Pocket Max applies toward Out of Network Out of Pocket Max**

Covered Service	UC Care	HealthSavings+
<p align="center"><b>Preventive Care</b></p>	<p><b>UC Select (Tier 1)</b> •No copayment</p> <p><b>Blue Shield Preferred (Tier 2)</b> •\$0, no deductible</p> <p><b>Out-of-Network (Tier 3)</b> •50% after deductible</p>	<p><b>In-Network</b> \$0, no deductible</p> <p><b>Out-of-Network</b> 50% after deductible</p>
<p align="center"><b>Doctor and Specialist Visits</b></p>	<p><b>UC Select (Tier 1)</b> •\$30 copay</p> <p><b>Blue Shield Preferred (Tier 2)</b> •30% after deductible</p> <p><b>Out-of-Network (Tier 3)</b> •50% after deductible</p>	<p><b>In-Network</b> 30% after deductible</p> <p><b>Out-of-Network</b> 50% after deductible</p>

Covered Service	UC Care	HealthSavings+
<b>Hospitalization</b>	<p><b>UC Select (Tier 1)</b> \$250 per admission</p> <p><b>Blue Shield Preferred (Tier 2)</b> 30% after deductible</p> <p><b>Out-of-Network (Tier 3)</b> 50% after deductible</p>	<p><b>In-Network</b> 30% after deductible</p> <p><b>Out-of-Network</b> 50% after deductible</p>
<b>Coverage Outside of the U.S.</b>	You pay <b>20%</b> of the cost after the deductible.	You pay <b>30%</b> of the cost after the deductible.

Covered Service	UC Care	HealthSavings+
<p align="center"><b>Prescription Drug Coverage</b></p>	<p>Preferred Pharmacies (select UC Medical Center pharmacies, Costco, CVS, Safeway/Vons, Walgreens)</p> <p><b>Tier 1 Preferred Generics</b>            \$10 (1-30-day supply)            \$20 (31–90-day supply)</p> <p><b>Tier 2 Preferred Brand</b>            \$30 (1-30-day supply)            \$60 (31–90-day supply)</p> <p>Tier 3 Non- Preferred            \$50 (1-30-day supply)            \$100 (31–90-day supply)</p> <p><b>Tier 4 (Specialty)</b>            30%, up to \$150 (max 30-day supply)</p> <p><b>In-Network Pharmacies</b></p> <p><b>Tier 1 Preferred Generics</b>            \$10 (1-30-day supply)            \$20 (31–60-day supply)            \$30 (61–90-day supply)</p> <p><b>Tier 2 Preferred Brand</b>            \$30 (1-30-day supply)            \$60 (31–60-day supply)            \$85 (61–90-day supply)</p> <p><b>Tier 3 Non-Preferred</b>            \$50 (1-30-day supply)            \$100 (31–60-day supply)            \$130 (61–90-day supply)</p> <p>Out-of-Network Pharmacies 50% (up to 30 DS)</p>	<p><b>In-Network Pharmacies</b>            Retail Participating Pharmacies            30% coinsurance after deductible</p> <p>90 Day Supply: Costco Mail Order, UC Pharmacy or Retail 90 Pharmacy            30% coinsurance after deductible</p> <p><b>Out-of-Network Pharmacies</b>            50% after deductible (up to 30DS)</p>